



Palisades Podiatry Associates, LLP

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Post-Operative Care for Nail Procedures

Thank you for choosing our Podiatric practice for your foot care. Your doctor has just performed surgical removal of a part of your toenail because of an infection caused by an ingrown border. Your doctor may or may not choose to place you on oral antibiotics. If you have received a prescription for antibiotics, please complete the entire prescription protocol as instructed.

The following directions will ensure that the post-operative course will be uneventful. You may experience some minor pain or throbbing during the first 24 to 48 hours which should be relieved by an over the counter analgesic such as Advil or Tylenol.

- The dressing placed on your toe should remain **clean** and **dry for 3 days**.
- Use a shower protector or plastic bag to prevent the bandage from coming into contact with water while bathing.
- On the **third day**, you may remove the bandage and *gently* wash the area with mild soap and water.
- Pat the area dry, and place a small amount of antibiotic cream (i.e. Neosporin, Bacitracin, Amerigel, etc.) to the surgical site.
- *Cover* the nail with a small piece of gauze, tape or a Band-Aid. Repeat daily until your next follow-up visit.
- If you see an *increase* in redness on your foot or develop fever or chills, please contact the office *immediately*.